



Examination, Diagnosis and Treatment Prescription
in 1 Day*!

* In some cases the examination lasting more than one day is required to prove the final diagnosis.

We are one of the biggest private medical institutions in Lithuania and the country's pioneer and leader in private medicine.

The Medical Diagnostic and Treatment Center provides the widest range of health care services in Lithuania on a private basis – from disease prevention to accurate diagnostics, effective therapeutic or surgical treatment and high-quality rehabilitation.

Our success in the sphere of treatment is based on accurate diagnosis, which is facilitated through extensive instrumental and laboratory examinations performed by the Center. We regularly invest in state-of-the-art medical equipment and modern technologies, we use medical supplies and pharmaceuticals from the world's top manufacturers, and we apply the very latest treatment methods.

At the Medical Diagnostic and Treatment Center we ensure our patients' safety, confidentiality of information, comfort and closest attention.



27
experience spanning 27 years



123 000
patients annually



200
institutions we cooperate with





Our promise:

- Attentiveness
- Professionalism
 - Perfection
 - Partnership
 - Ethics

The quality and safety of services provided by the Medical Diagnostic and Treatment Center was acknowledged by the certificates listed below:



ISO 15189 international standard for medical laboratories
Accreditation is valid till December 2026.



GCR (Global Clinic Rating)
Accreditation was valid till September 2020.



JCI (Joint Commission International; USA) Standard for Hospitals.
Accreditation was valid till September 2021.



TEMOS (Trust. Effective Medicine. Optimized Services; Germany) standards:
"Excellence in Medical Tourism"
"International Patient Care"
Accreditation was valid till June 2021.



Diplomatic Council Quality Certificate and trusted partner status (Diplomatic Council; Germany)
Accreditation was valid till June 2021.



Treatment Abroad Code of Practice (United Kingdom) standard for medical tourism.
Accreditation was valid till September 2019.



Even after the expiration of the certificates, the Center follows the good practices of these certificates.

We employ Lithuania's best doctors who are renowned both in and outside the country. They are gynaecologists, obstetricians, allergologists and clinical immunologists, gastro-enterologists, infectionists, cardiologists, ophthalmologists, urologists, internists (thera-pists) and other medical specialists.

The Center's patients are medically advised, examined and treated by over 180 experienced physicians who practice in as many as 53 medical fields and who are constantly updating and improving their knowledge and skills in Lithuania and abroad.



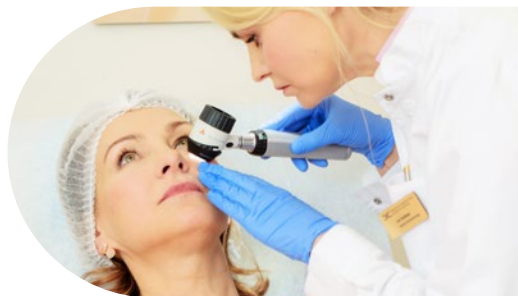
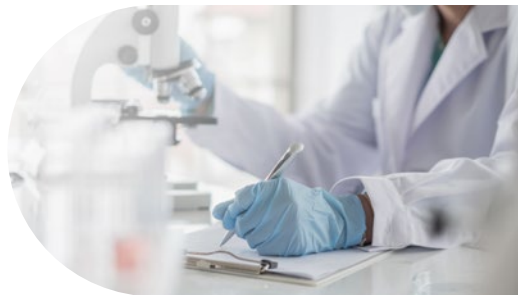
200
doctors



53
medical fields

High-quality services provided by the Center include:

- Health check-ups under:
 - standard programmes made in accordance with the recommendations of the World Health Organisation;
 - programmes on the examination of individual organs and their systems;
 - individual examination programmes;
- Family medical services
- Prenatal care
- Medical advice from children's and adults' specialists
- Instrumental examinations
- Laboratory examinations
- Surgery
- Rehabilitation services





Instrumental Examinations: a Powerful Diagnostic Base



At the Medical Diagnostic and Treatment Center we pride ourselves on a superb range of equipment and instruments needed for instrumental examinations, as well as doctors who can read the examination results with excellence.

The equipment for instrumental examinations is purchased only from the most reliable international manufacturers renowned for superior quality: Siemens, General Electric, Olympus, Alcon, etc. Moreover, this equipment is constantly upgraded.

Modern instrumental examinations provided by the Center:

- Magnetic Resonance Imaging (1.5 tesla)
- Computed Tomography (128 layers)
- Endoscopy (if requested, under anaesthesia) and Capsule Endoscopy
- X-ray
- Mammography
- Echoscapy
- Electromyography
- Electroneurography
- Electroneuromyography
- Electroencephalography
- Electrocardiography (strain and rest)
- Holter's, ABP monitoring
- Ophthalmology (Optical Coherence Tomography, Fluorescence Angiography, Gonioscopy, etc.)
- Ear, nose, throat (ENT) (Laryngeal examination, Impedancemetry, Video head impulse test (vHIT), etc.)
- Obstetric and gynecology tests
- Allergy tests.





Laboratory Examinations: from Regular to the Most Sophisticated

The Laboratory Diagnostic Center is accredited by the Lithuanian National Accreditation Bureau under the standard ISO 15189.

Such accreditation testifies that examinations carried out at the Laboratory Diagnostic Center are recognised as precise, reliable and compliant with general laboratory competencies applied in many countries around the world.

We successfully cooperate with one of the biggest laboratories in Germany. If necessary, we commission them to do tests that are necessary for patients from both the Center and the whole country which are not carried out in Lithuania.

The examinations vary from regular blood tests to the most sophisticated cancer markers and molecular diagnostics. Laboratory equipment and reagents used by the Laboratory Diagnostic Center of the Medical Diagnostic and Treatment Center are purchased from globally recognised and leading manufacturing companies.

Laboratory Diagnostic Center consists of five laboratories:

- Clinical Examinations
- Clinical Biochemistry
- Pathology
- Immunofermentic Examinations
- Molecular Diagnostics (PGR)



5
laboratories



700
examinations of different types



410 000
tests per year





What people say about us

First, while I was planning my trip to the Baltics, the wonderful staff at the Center provided me with all the information I needed and bent over backwards to make it possible for me to fit a Yag capsulotomy procedure before my biking tour began. In the clinic, the administrative and nursing staff were very solicitous, making sure everything went smoothly. Doctor Rudalevicius, communicating in fluent English, performed an exam, then the procedure. A quick follow-up appointment the next afternoon, and I was good to go, vision significantly improved (and at a fraction of the cost I would have incurred at home in the USA, the difference offsetting the airfare part of my Baltic vacation.) Whether you are coming to Vilnius for some other reason, or are contemplating medical tourism, the Center should definitely be part of your consideration.

Boris Gendelev, patient from USA

I would like to thank Assoc. Prof. J. Ališauskas, MD, for the surgery. It's fantastic that my health problems were solved by a physician who follows criteria of high moral and spiritual values and has achieved professional perfection.

Marija, patient from Lithuania

We are pleased about the Medical Diagnostics and Treatment Center since it values and understands the significance of quality. The prestigious accreditation "TreatmentAbroad" means high quality services to patients. We are proud of the cooperation of our companies, we respect and understand each other's values and we expect to do a lot together in the future.

Keith Pollard, partner from UK
(Intuition Communication Ltd.)

I think that the main advantage of the Medical Diagnostic and Treatment Center is that patients can get all the services they need – their ailment can be diagnosed and proper treatment or a health check can be done – in just one day. My Swedish colleagues from the Senior Partners club agree that prices in the Centre are very attractive. They plan to come to Lithuania not only for health checks or operations but also to visit places of interest, cultural and historical monuments.

Rima Ingstag, patient from Sweden

I was in Lithuania when I suffered a serious torn meniscus in my knee. The pain was terrible, but I managed to make an appointment at the Medical Diagnostic and Treatment Center at very short notice. Darijus Rimas, MD, who later did the surgery, immediately put me at ease by his ability to communicate. Almost everyone at the Medical Diagnostic and Treatment Center speaks English. I can honestly say that it was the most impressive medical service I've ever experienced. In addition to that, the treatment, which I paid for by my BUPA health insurance in the UK, was an improvement on countries like Sweden. I was given detailed explanations about the surgery. I felt safe and comfortable in my room. The nurse was very kind and helpful and the service was really excellent.

Bengt Brustad, patient from Sweden



Surgery: Respect for the Human Body First

At the Medical Diagnostic and Treatment Center we have three modern operating rooms, where over 100 different kinds of surgeries to preserve the human body are performed. We specialise in one-day surgery and focus on innovative endoscopic, laparoscopic, arthroscopic (joints) and laser operations.

Types of surgery:

- Abdominal and general
- Gynaecological
- ENT
- Vascular
- Orthopaedic-trauma
- Ophthalmological:
 - cataract;
 - laser vision correction;
- Plastic and reconstructive
- Urological, etc.

Our team of surgeons is professional and experienced. Our equipment and medical surgery instruments are constantly upgraded and purchased from the most reliable manufacturers who ensure top quality only.

Surgeries in the Center are planned promptly and at times convenient to the patient. All examinations required before surgery are conducted expeditiously on site.

There is an exceptional focus on privacy. After surgery, patients are moved to comfortable single or double family wards with TVs and Wi-Fi. Attentive and qualified caregivers nurse patients. Patients are given care not only during visits to the Surgery Center but also after surgery, when they are discharged home.



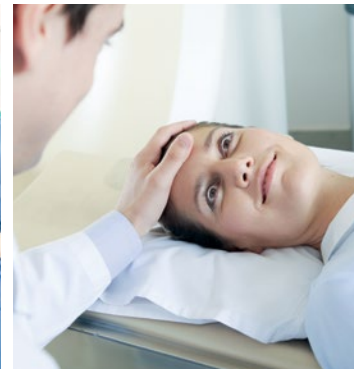
100
types of surgeries



3 900
surgeries per year



0
hospital infection rate
in last 5 years



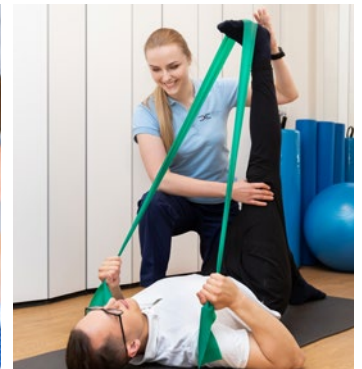


Rehabilitation: Help to Get Well and Recover

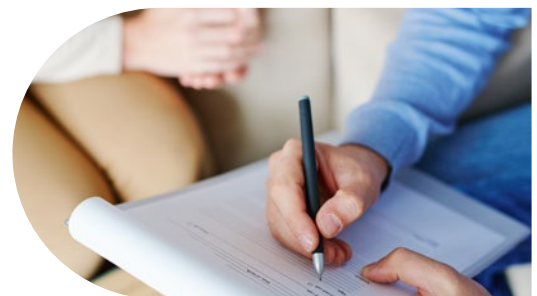
Physical medicine and rehabilitation and sports medicine services that are provided at our Rehabilitation and Sports Medicine Centre, are an integral non-pharmacological part of therapy used for different health conditions. They help patients to get their life back on track after illness, to strengthen their health, speed up the recovery process, restore normal body functions after trauma and/or surgery (e.g. joint replacement surgery, vascular surgery, bone fractures etc.), stroke, heart attack etc.

Modern instrumental examinations provided by the Center:

- Kinesiotherapy in the gym and in the water
- Therapeutic massage
- Manual therapy
- Kinesiology taping
- Impulse current therapy
- Ultrasound, phonophoresis (introduction of pharmacologic agents through the skin with ultrasound)
- Bemer pulsed low frequency magnetic field therapy with or without red light spectrum
- Microwave therapy
- Paraffin, phango-paraffin therapy
- Inhalations
- Darsonvalization and etc.



- Personal assistance and a preliminary plan for visiting the Center
- Precise translation of medical records into a foreign language
- Cooperation with foreign insurances regarding coverage of patient medical expenses
- Provision of food in the cafe or under an individual plan prescribed by the doctor
- 24-hour free car parking in a guarded lot



Contact us:

For information on services and registration, general questions
call: +370 698 00 000 or
e-mail: info@medcentras.lt



Working hours:

I–V 7:00 a.m. – 8:00 p.m.
VI 8:00 a.m. – 3:00 p.m.
VII 9.00–3.00 (only MRI)



V. Grybo g. 32A,
LT-10318 Vilnius, Lithuania



www.medcentras.lt