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Checklist for patients prior to abdominal ultrasound

Gallbladder and bile duct examination

- Fasting for 4 hours prior to the examination is recommended.

Pancreatic or splenic ultrasound

- 24 hours prior to the exam, abstain from food that causes bloating (rye bread, apples, pears, beer, etc.).
- ~ 8 hours prior to the exam, take anti-bloating medication.

Abdominal aorta ultrasound