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Checklist: How to prepare for an X-ray examination

Before going for an X-ray examination, you should know how to prepare for it properly.

- be ready to take off some of your clothes
- during certain examinations, protection against irradiation is added
- during certain examinations, you may have to take off jewellery, spectacles or any metal items that might hinder the X-ray imaging
- please say if you are pregnant

For X-ray examinations of the oesophagus, stomach and small intestine, we refer patients to the Antakalnis Clinic. The doctor will book a time for the patient. An oesophagus and stomach examination takes up to 20 minutes, whereas one for the small intestine could last approximately 1 to 4 hours. The visit is organised in such a way that the patient returns to the doctor after the examination.