

Checklist for patients prior to eye examination

No special preparation is required. **However, it should be noted that:**

- you should not wear eye-make up if going to an eye doctor;
- if you use contact lenses, it is best not to put them in on the day of the appointment but to wear your glasses;
- the eye examination may involve pupil dilation for eyeground inspection, which means it will be difficult to see for a few hours afterwards. You may not drive or work on the computer after having your pupils dilated.